

Ways you can help: Version 2/14/2026

During this disturbing time in our state, people are asking how they can get involved in protecting our neighbors and responding to the presence of ICE. Adath's Antiracism Committee is creating an updated set of options each week.

If you would like to be on a list of volunteers who can be contacted when new needs arrive, email antiracism@adath.net.

Help keep food shelves operating at full capacity:

Consider helping The Food Group. They are the food bank for Hennepin County and do support and advocacy for all MN food shelves. In the crisis, they are providing great support and guidance to the many feeding efforts that have popped up.

<https://www.thefoodgroupmn.org/immigrant-community-food-access-response/>

Help deliver food:

- Do you know someone who is homebound but needs food? Step <https://www.stepslp.org/> now is allowing curbside proxy pick-ups if you call in advance. 952.925.4899.
- [Community Aid Network MN](#): Food delivery to those who don't feel safe leaving their homes
- Food delivery organized by Calvary Church - info@calvarychurchmpls.org or connect@calvarychurchmpls.org or giving@calvarychurchmpls.org
- Help the Shiloh Church deliver food on Wednesdays, Thursdays, or Fridays through February 27. Interested volunteers are asked to meet Wednesday at 8:30am at Shiloh Cares Food Shelf 1201 W. Broadway Ave. MPLS MN. Door #3. Volunteers will be assigned routes at that time and will need to register. Drivers will also need to provide proof of insurance and sign a waiver.

Help Address targeted needs in the community:

Shir Tikvah has started a mutual aid fund [Yesod Mutual Aid Fund](#) that helps address specific needs in the community. Adath members who have examined the work of the Fund recommend supporting them.

Support Independent journalism and community journalism:

Good journalism is crucial during these difficult times. Check out the National Association of Black Journalists – Minnesota Chapter, as they are supporting independent journalists by helping them buy gas masks, buying them lunch from an immigrant-owned restaurant, and more. Our own Sheree Curry is the co-president of the group. <https://nabjmn.org/>

Visit an Immigrant-owned business, personally recommended by Antiracism committee members, that has been hit hard by ICE's presence:

- Bole <https://boleethiopiancuisine.com/> - Maple Grove
- Clay Oven <https://mnclayoven.com/> - Plymouth
- [DelSur Empanadas](#) - Minnetonka
- Marna's Eatery and Lounge <https://www.marnaseatery.com/> - Robbinsdale
- Milton's <https://miltonsvvb.com/> - New Hope
- Strive bookstore <https://boleethiopiancuisine.com/> - Downtown Minneapolis

Going to a protest?

- If you are attending a protest and would like to have a whistle, contact the Adath office. A congregant has graciously provided 100 of them.

Thank you for your interest and your help,

Adath Antiracism Committee

Dudley Deshommies and Sharon Garber, Co-chairs