

# GAN SHELANU PRESCHOOL CAMP MISHPACHA

## COVID-19 POLICY MANUAL PREPAREDNESS PLAN



Updated: January 25, 2022

Dear Gan Shelanu Families,

We appreciate your continued support and patience during these difficult and unprecedented times. Attached are our current COVID-19 procedures. All decisions have been made in the interest of the safety, health, and well-being of our whole population; students, their families, and our staff, following the advice of the synagogue's COVID-19 Advisory Committee comprised of public health and medical professionals.

The policies and procedures in this manual are in place to mitigate risk but unfortunately cannot eliminate all risk. We are unable to guarantee that any child will not be exposed to COVID-19 or other illnesses. Gan Shelanu/Camp Mishpacha follows the recommendations of the Centers for Disease Control (CDC), Minnesota Department of Health (MDH), Minnesota Department of Human Services and the synagogue's COVID-19 advisory committee to create these protocols and procedures to minimize risks.

Kol yisrael arayvim zeh bazeh. - We are all responsible for one another. We need families to provide open, timely and honest communication and we will do the same in return. Thanks again for your continued support of Gan Shelanu!

Sincerely,

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Harold Kravitz  
Aaron Weininger  
Joanna Dulkan  
Miranda Weisbuch  
Ed Zeman

## **INTRODUCTION**

The Coronavirus is thought to be spread mainly from person to person. Most of the time it spreads when an infected person coughs, sneezes or talks and produces respiratory droplets. These droplets can be sprayed as far as 6 feet away. The droplets can then land in the mouths or noses of people who are nearby or possibly be inhaled into their lungs. Some people who have the virus don't have symptoms (asymptomatic), but they can still spread the virus.

The most vulnerable are people with cardiovascular disease, diabetes, chronic respiratory illness, high blood pressure, cancer and other underlying health issues. If your child has contact with high-risk individuals, please protect them by observing social distancing, masking, and hand washing so that your loved ones with the greatest risk are protected.

## **SYMPTOMS OF COVID-19**

Symptoms of COVID-19 may include (but are not limited to):

- Cough—new onset or worsening of cough
- Difficulty breathing or shortness of breath
- Fever
- Chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Gastrointestinal issues such as vomiting or diarrhea
- Unexplained lethargy

## **STAFF HEALTH CHECK BEFORE COMING TO SCHOOL**

- If a staff member has a fever of 100 degrees or above or visual signs of illness, the staff member will stay home.
- If a staff member exhibits symptoms consistent with COVID-19, the staff member will contact their health care provider and ask for guidance. After receiving guidance from their health care provider, the staff member will share that information with Gan Shelanu Preschool/Camp Mishpacha.

## **STUDENT HEALTH CHECK BEFORE LEAVING HOME**

- *If anyone in the child's household has a fever of 100 degrees or above or has visual signs of illness, the child will remain at home.*
- If a child's temperature is 100 degrees or above, the child will remain at home. This is consistent with Gan Shelanu/Camp Mishpacha's exclusion guidelines.
- Families will make visual inspection for signs of illness, which could include flushed cheeks, rapid or difficulty breathing (without recent physical activity) fatigue or extreme fussiness. If the family observes any of these signs or the symptoms associated with COVID-19 as outlined above, the child and sibling(s) will remain at home. If a child's symptoms are consistent with COVID-19, families should contact their child's health care provider. After receiving guidance from the child's health care provider families should share that information with Gan Shelanu/Camp Mishpacha.
- If a student's fever and/or other symptoms are not due to COVID-19, as determined by the child's health care provider, the child's health care provider must provide written documentation to the Gan/Camp Mishpacha stating the reason.
- Children must be fever-free for 24 hours without taking any fever-reducing medications before they may return to Gan Shelanu/Camp Mishpacha. The child's sibling(s) must also stay home until the child experiencing illness is symptom and medication free for 24 hours.

***Please note:*** *If a child will not be attending Gan Shelanu/Camp Mishpacha on a particular day, the family must communicate the absence through the Brightwheel App or call the Gan Office (952-545-8694) as early as possible to inform the school why the child will not be attending.*

## **MORNING DROP OFF**

- Student drop off is at 8:45 - 9:00 a.m. daily, 7:30 - 7:45 a.m. for early morning care. If families will be dropping their child off other than these times, they must alert the Gan Shelanu Office at 952-545-8694.

- Students will be dropped off and/or picked up at either the Gan Shelanu entrance or the main synagogue entrance. All non-employee security codes will be disabled, and families and synagogue congregants will not be able to access the building.
- Vehicles will drive up to the entrances. No one in the vehicle should, at any time, leave their vehicle until instructed to do so. Everyone in the vehicle, aged 2 years and older, must be wearing a mask.
- Staff will escort students to their classroom(s). Once in the classroom, staff will help students wash their hands and then students' temperatures will be taken by a gloved staff member using a no-touch forehead thermometer upon arrival in the classroom. Children with temperatures of 100 degrees or above, will be sent home. (This is consistent with Gan Shelanu exclusion policies.) Any child with other visible symptoms of illness will not be accepted into school that day.

## **IN THE CLASSROOM**

- Staff and students will be in a "pod" with similar aged children (ex. two toddler classes may visit the playground or Large Muscle Room at the same time)
- Staff is required to wear medical grade masks or KN95 grade masks. The Gan will provide these masks to staff.
- Toddler teachers will wear only face shields during circle time so the children can see visual modeling of language and social emotional cues.
- All children over the age of 2 years will wear masks. Children should wear properly fitting masks, fitting snugly over the nose and mouth and under the chin and that there are no gaps around the sides.
- Children do not wear masks during snack time, lunch time, playground time, and rest time.
- Children and staff will wash their hands continuously during the day, including (but not limited to) when entering the classroom, before and after eating, after using the bathroom, and after playing in the Large Muscle Room or outside. Hand washing will continue to be a regular routine practice.
- Toys will be rotated frequently to be cleaned and sanitized.
- High touched surfaces and objects (tables and chairs, riding toys, countertops, etc.) will be frequently cleaned and sanitized.

- Classrooms will not have out the required classroom equipment as determined by MDH Licensing available at all times since some of these materials and toys cannot be adequately disinfected right away.
- Students will be outside as much as possible for mealtimes, table activities and group times.
- There will be routine monitoring of health, temperature checks and daily health checks.
- Classroom bathrooms will be regularly cleaned and sanitized throughout the day.

### **LARGE MUSCLE ROOM AND OUTDOOR SPACES**

- Learning and play in these spaces will be offered in staggered shifts.
- The number of children in the Large Muscle Room at any given time will be limited to predetermined class “pods”
- The Large Muscle Room will not have out the required classroom equipment as determined by MDH Licensing available at all times since some of these materials and toys cannot be adequately disinfected right away.

### **SNACK/MEALTIME**

- Staff will wear gloves during all aspects of food service
- Children will bring a lunch container labeled clearly with the child’s first and last names.
- A hot lunch option will be offered.
- Children will also bring a morning and afternoon snack in two separate plastic bags/containers. These bags should also be labeled with the child’s first and last names.
- Milk and water will be served at snack times and lunchtime.
- In terms of food quantity, families should be realistic about what their child may or may not eat.

### **REST/NAPTIME**

- Children do not wear masks during rest time.
- Individual bedding will be placed in a large bag. (All bedding must be kept to a minimum.)
- Children may bring one “lovie” to sleep with. These items must be labeled with the child’s first and last names and will be kept in the child’s large bag.
- The large bag will be sent home every other week for laundering or sooner if sheets are soiled. Parents will be responsible for sending all bedding back clean on Monday.

- Cots and/or mats will be spaced for distancing and placed head to toe or toe to toe.
- Cots and/or mats will be sanitized after nap/rest time each day.
- Pacifiers must be labeled with the child's first and last names and will be stored in a container in the child's large bag.

### **ILL CHILDREN**

- Families will inform Adath's Director of Early Childhood, the Assistant Director of Gan Shelanu or the Director Camp Mishpacha of any diagnosed illness in the household by phone call as soon as possible.
- If a child becomes ill at school, the child will be moved to a separate space with a staff member. The child's family will be called. The child **MUST** be picked up within 30 minutes.
- The area(s) the child has been in will be thoroughly cleaned and disinfected.
- Child with "diagnosed" illness (strep throat, ear infection, etc.) and sibling(s) may return to Gan Shelanu/Camp Mishpacha 24 hours after being sent home and after the child's health care source provides written documentation to Gan Shelanu/Camp Mishpacha stating the reason the child was ill. Child must be fever free for 24 hours without any fever reducing medication.

### **AFTERNOON PICKUP**

- Student pick up is at 12:45 -1:00 p.m. an 4:45– 5:00 p.m. daily. If families will be picking up their child outside of these times, they must alert the Gan Office at 952-545-8694.
- Children will be picked up at either the Gan Shelanu Preschool or main synagogue entrance.
- Everyone in the vehicle aged 2 years and older will wear a mask.
- Families will remain in their vehicles until a staff approaches the car
- Families are responsible for placing their child in the child's car se

### **CLEANING INFORMATION**

Gan Shelanu/Camp Mishpacha implements a cleaning schedule/plan in accordance with CDC guidelines, which is followed by all teachers and staff. The plan includes the following tasks to ensure Gan Shelanu/Camp Mishpacha is adhering to the methods and practices necessary to reduce the risk and spread of COVID-19.

### DURING THE SCHOOL DAY:

- All children and staff will wash their hands upon entering and exiting the classroom.

- Gan Shelanu/Camp Mishpacha will continue to implement the use of no touch trash cans in classrooms and other areas of the school to reduce transmission.
- All frequently touched table surfaces and countertops will be sanitized frequently throughout the day.

#### OVERNIGHT CLEANING:

- Once staff and students have left the building for the day, Adath's facilities staff will utilize CDC guidelines to deep clean the building.
- All regularly touched surfaces such as doorknobs/handles, table surfaces and countertops, etc. will be cleansed and disinfected using EPA approved cleansers.

#### **TRAVEL**

Omicron currently has spread widely throughout all areas of Minnesota and the country. No geographic area has been spared. One's risk of contracting Omicron is high regardless of where you are, where you travel or which mode of transportation you use. Our new travel guidance is that **families follow current public health guidance issued by the CDC and MDH. This means that regardless of you and your child's location your subsequent need for quarantine and testing for COVID will be related to your risk of being infected.** Regardless of whether your child has travelled or has been exposed to an indoor or outdoor gathering locally as noted above, the above guideline will be in effect.

The major risk that you or your children have of contracting Omicron is related to being in close contact, indoors with other people. The larger the group of people, the greater the number of unvaccinated and/or unmasked people, the greater the risk of being infected. For example, going to Disneyworld where you have no idea of vaccination status and individual cautions is much different than going to visit a small group of family where you have a good understanding of the exposures.

- **Please assess the situations your children have been in.** If your child has been potentially exposed to COVID because of time spent at an indoor gathering with more than ten people, and he/she has been in close contact (six feet or less) for greater than 15 minutes, or very large outside gatherings with very close contact, then your child should stay home, test on "day 5" and return on "day 6" if they tested negative and have no Covid symptoms.
- If your child tests positive or develops COVID-19 symptoms, quarantine for 10 full days ("Day 0" is the day that your child tests or has onset of symptoms). Please provide Gan Shelanu with your child's PCR test results. *We will not accept antigen COVID test results.*



## **COVID-19 GUIDELINES AND PROCEDURES**

- All Gan Shelanu/Camp Mishpacha staff as well as members of Adath Jeshurun Congregation staff will receive training on Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan.
- All Adath Jeshurun staff (including Gan Shelanu teachers) are required to show proof of vaccination to work in the building
- Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan will be posted throughout Gan Shelanu in readily accessible locations and will be shared and reviewed by all staff.
- All necessary or required rules and practices will be communicated to staff and all provisions will be adequately enforced.
- All staff will receive the necessary protective equipment as necessary to perform their work.
- All staff will ensure that they comply with and follow established rules and practices.
- All families enrolling their child(ren) in Gan Shelanu Preschool/Camp Mishpacha will receive a copy of Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan prior to the school's reopening.
- There will be no tuition reimbursement for children needing to quarantine due to COVID.
- Staff with concerns about Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan or questions about their rights should contact MNOSHA Compliance at [osha.compliance@state.mn.us](mailto:osha.compliance@state.mn.us), 651-284-5050.

## **IF A CHILD RECEIVES A LABORATORY TEST FOR COVID-19**

A child who receives a test for COVID-19, should remain at home until the child's family is informed of the results.

- **Positive Test Result:**
  - The infected child must stay home at least 10 days since symptoms first appeared AND be fever-free for at least 3 days without using fever-reducing medication AND improvement of other symptoms.
    - Siblings testing negative of child residing in the child's household must stay home for a minimum of 12 days. Sibling will be able to return to the Gan on "day 13" as long as they remain negative and asymptomatic. Documentation of negative antigen or PCR test result must be provided
  - **Negative Test Result:**
    - Child may return 24 hours after resolution of symptoms.

- Documentation of negative antigen or PCR test result must be provided

### **IF A CHILD IS EXPOSED TO A NON-HOUSEHOLD MEMBER WHO TESTS POSITIVE FOR COVID-19**

- Child will need to quarantine for 5 days following the day of exposure (the day of exposure is “day 0”).
- Test child on “day 5” using an at-home antigen or PCR test and send a copy of the negative result to the Director of Early Childhood Education at [juliez@adath.net](mailto:juliez@adath.net).
- Following a negative result, child can return to the Gan on “day 6” as long as they remain asymptomatic.
- If child tests positive for COVID-19, they will need to isolate for 10 days from the day they became symptomatic or from the day they tested positive.

### **IF A CHILD IS EXPOSED TO A HOUSEHOLD MEMBER WHO TESTS POSITIVE FOR COVID-19**

- If a member of a household tests positive for COVID-19, child will need to quarantine for 12 days.
- Test on “day 12” and send a copy of the negative result to the Director of Early Childhood Education at [juliez@adath.net](mailto:juliez@adath.net).me a copy of the negative result.
- Child will be able to return to the Gan on “day 13” as long as they remain negative asymptomatic.
- If multiple people in the home have COVID-19, the 12 days start the day after the last person tests positive.
- If your child tests positive for COVID-19, they will need to isolate for 10 days from the day they became symptomatic or from the day they tested positive.
- If a child develops Covid-19 symptoms during quarantine, families should consult their medical source as their child may have a presumptive case of Covid-19.

**IF A CHILD RECEIVES A DIAGNOSIS BY A HEALTH CARE SOURCE THAT EXPLAINS COVID-19-LIKE SYMPTOMS THAT ARE CONNECTED TO ANOTHER CONDITION (E.G.--STREP THROAT, INFLUENZA, EAR INFECTION, ETC.)**

- Child must stay home a minimum of 24 hours and until symptoms have improved. (See Gan Shelanu/Camp Mishpacha Policy Manual) Sibling(s) must also remain at home.
- Sibling(s) of child do not need to stay home once documentation has been provided.
- Families must provide written documentation from the child's health care source stating the reason for the child's symptoms.
- If symptoms change or worsen, families should talk to child's health care provider to determine next steps.

***Gan Shelanu Preschool staff members will also follow the above guidelines.***