

MAZON'S FIFTH QUESTION

[Read this after the seder's Four Questions]



**Why is this time
of life different
from all other
times of life?**

Hunger among Americans 60 and older is a growing crisis. One in seven seniors live in poverty, and 4.9 million seniors struggle with hunger.

The Supplemental Nutrition Assistance Program (SNAP) is a lifeline for seniors, but many older Americans are going without this vital assistance. Three out of five seniors who are eligible for SNAP do not participate, meaning 5.2 million seniors are missing out due to shame, stigma, and difficulty accessing services.

Why is it so hard to be older in America? Why are so many seniors aging into poverty?

Why is it that when we talk about aging in America, we never talk about hunger? **Why is this time of life different from all other times of life?**

On this night, we honor our elders, our ancestors, and those who came before us. On all other nights, how is it that we allow seniors to go hungry? How can we fail to respond when our elders are suffering?

Tonight, we ask how we can change the reality for the 4.9 million seniors who are struggling with hunger.



YOU CAN HELP HUNGRY SENIORS

Barbara, a senior from New York City, said "No way did I ever think I'd be in this position. I did everything right in my life." Too many seniors like Barbara are aging into poverty, isolation and hunger.

You can help by talking about this issue at your Seder table, and by reaching out to the seniors in your life. And, through MAZON, you can take action by advocating to protect and strengthen critical nutrition assistance programs like SNAP and supporting legislation like the Older Americans Act, which will be reauthorized in 2019. To learn more, visit mazon.org/seniors.

Together, we can transform how it is, into how it should be.