

Updated: August 26, 2021

GAN SHELANU PRESCHOOL/ CAMP MISHPACHA COVID-19 POLICY MANUAL PREPAREDNESS PLAN



Dear Gan Shelanu Families,

We appreciate your support and patience during these difficult and unprecedented times. Attached are our current COVID-19 procedures. All decisions have been made in the interest of the safety, health and well-being of our students, your families and our staff following the advice of the synagogue's COVID-19 Advisory Committee comprised of public health and medical professionals.

All decisions surrounding COVID-19 are made in the interest of the safety, health and well-being of our students, families and staff. Unfortunately, we are unable to guarantee that any child will not be exposed to COVID-19 or other illnesses. Gan Shelanu/Camp Mishpacha follows the recommendations of the Centers for Disease Control (CDC), Minnesota Department of Health (MDH), Minnesota Department of Human Services and the synagogue's COVID-19 advisory committee to create these protocols and procedures to minimize risks.

We hope that all families will partner with us by adhering to these protocols and maintaining open and honest communication. Thank you for your continuing patience.

Sincerely,

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Aaron Weininger
Joanna Dulkan
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INTRODUCTION

The Coronavirus is thought to be spread mainly from person to person. Most of the time it spreads when an infected person coughs, sneezes or talks and produces respiratory droplets. These droplets can be sprayed as far as 6 feet away. The droplets can then land in the mouths or noses of people who are nearby or possibly be inhaled into their lungs. Some people who have the virus don't have symptoms (asymptomatic), but they can still spread the virus.

The most vulnerable are people with cardiovascular disease, diabetes, chronic respiratory illness, high blood pressure, cancer and other underlying health issues. If your child has contact with high-risk individuals, please protect them by observing social distancing, masking, and hand washing so that your loved ones with the greatest risk are protected.

SYMPTOMS OF COVID-19

Symptoms of COVID-19 may include (but are not limited to):

- Cough—new onset or worsening of cough
- Difficulty breathing or shortness of breath
- Fever
- Chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Gastrointestinal issues such as vomiting or diarrhea
- Unexplained lethargy

STAFF HEALTH CHECK BEFORE COMING TO SCHOOL

- Staff will take their temperatures before coming to school.
- If a staff member or anyone in the staff member's household has a fever of 100 degrees or above or visual signs of illness, the staff member will stay home.
- If a staff member exhibits symptoms consistent with COVID-19, the staff member will contact their health care provider and ask for guidance. After receiving guidance from their health care provider, the staff member will share that information with Gan Shelanu Preschool/Camp Mishpacha.

STUDENT HEALTH CHECK BEFORE LEAVING HOME

If anyone in the child's household has a fever of 100 degrees or above or has visual signs of illness, the child will remain at home.

Families will check their child's temperature before leaving home. If a child's temperature is 100 degrees or above, the child will remain at home. This is consistent with Gan Shelanu/Camp Mishpacha's exclusion guidelines.

Families will make visual inspection for signs of illness, which could include flushed cheeks, rapid or difficulty breathing (without recent physical activity) fatigue or extreme fussiness. If the family observes any of these signs or the symptoms associated with COVID-19 as outlined above, the child and sibling(s) will remain at home. If a child's symptoms are consistent with COVID-19, families should contact their child's health care provider. After receiving guidance from the child's health care provider families should share that information with Gan Shelanu/Camp Mishpacha.

If a student's fever and/or other symptoms are not due to COVID-19, as determined by the child's health care provider, the child's health care provider must provide written documentation to the Gan/Camp Mishpacha stating the reason.

Children must be fever-free for 24 hours without taking any fever-reducing medications before they may return to Gan Shelanu/Camp Mishpacha. The child's sibling(s) must also stay home until the child experiencing illness is symptom and medication free for 24 hours.

Please note: *If a child will not be attending Gan Shelanu/Camp Mishpacha on a particular day, the family must call the Gan Office (952-545-8694) as early as possible to inform the school why the child will not be attending.*

MORNING DROP OFF

Student drop off is at 8:45 - 9:00 a.m. daily, 7:30 – 7:45 a.m. for early morning care. If families will be dropping their child off other than these times, they must alert the Gan Shelanu Office at 952-545-8694.

Students will be dropped off and/or picked up at either the Gan Shelanu entrance or the main synagogue entrance. All non-employee security codes will be disabled, and families and synagogue congregants will not be able to access the building.

Vehicles will drive up to the entrances. No one in the vehicle should, at any time, leave their vehicle until instructed to do so. Everyone in the vehicle, aged 2 years and older, must be wearing a mask.

Staff will escort students to their classroom(s). Once in the classroom, staff will help students wash their hands and then students' temperatures will be taken by a gloved staff member using a no-touch forehead thermometer upon arrival in the classroom. Children with temperatures of 100 degrees or above, will be sent home. (This is consistent with Gan Shelanu exclusion policies.) Any child with other visible symptoms of illness will not be accepted into school that day.

IN THE CLASSROOM

- Staff and students will be in a "pod" with similar aged children (ex. two toddler classes may visit the playground or Large Muscle Room at the same time)
- Gan Shelanu/Camp Mishpacha will emphasize social distancing with students and work with them on age-appropriate concepts of "personal space and boundaries" keeping in mind the ages of the children in the classroom.
- Staff will wear masks while in the building. Toddler teachers will wear only face shields during circle time so the children can see visual modeling of language and social emotional cues.
- All children over the age of 2 years will wear masks. However, if a child refuses to wear a mask, staff will not require the child to do so.
- Children and staff will wash their hands continuously during the day, including (but not limited to) when entering the classroom, before and after eating, after using the bathroom, and after playing in the Large Muscle Room or outside. Hand washing will continue to be a regular routine practice.
- Toys will be rotated frequently to be cleaned and sanitized.

- High touched surfaces and objects (tables and chairs, doorknobs and handles, light switches, riding toys, countertops, etc.) will be frequently cleaned and sanitized.
- Classrooms will not have out the required classroom equipment as determined by MDH Licensing available at all times since some of these materials and toys cannot be adequately disinfected right away.
- Students will be spread out and eat outside as much as possible for mealtimes, table activities and group times.
- There will be routine monitoring of health, temperature checks and daily health checks.
- Classroom bathrooms will be regularly cleaned and sanitized throughout the day.
- All students will have a COMPLETE change of clothing in a large cloth bag in their cubbies. The only other items hanging in students' cubbies will be a backpack, sweatshirt or jacket and sun hat. ***ALL ITEMS MUST BE CLEARLY MARKED WITH THE CHILD'S FIRST AND LAST NAMES.***

LARGE MUSCLE ROOM AND OUTDOOR SPACES

- Learning and play in these spaces will be offered in staggered shifts.
- The number of children in the Large Muscle Room at any given time will be limited to predetermined class "pods"
- All children will wash their hands before and after being in the Large Muscle Room.
- The Large Muscle Room will not have out the required classroom equipment as determined by MDH Licensing available at all times since some of these materials and toys cannot be adequately disinfected right away.
- Groups will have their own sets of balls and other active play items that they will bring into the Large Muscle Room when they enter and remove when they leave.

SNACK/MEALTIME

- Staff will wear gloves during all aspects of food service
- Children will bring a lunch container labeled clearly with the child's first and last names.
- A hot lunch option will be offered starting October 4, 2021.
- Children will also bring a morning and afternoon snack in two separate plastic bags. These bags should also be labeled with the child's first and

last names and labeled AM and PM. These bags will be placed in the child's cubby.

- Milk and water will be served at snack times and lunchtime.
- In terms of food quantity, families should be realistic about what their child may or may not eat.

REST/NAPTIME

- Individual bedding will be placed in a large bag. (All bedding must be kept to a minimum.)
- Children may bring one "lovie" to sleep with. These items must be labeled with the child's first and last names and will be kept in the child's large bag.
- The large bag will be sent home every other week for laundering or sooner if sheets are soiled. Parents will be responsible for sending all bedding back clean on Monday.
- Cots and/or mats will be spaced for distancing and placed head to toe or toe to toe.
- Cots and/or mats will be sanitized after nap/rest time each day.
- Pacifiers must be labeled with the child's first and last names and will be stored in a container in the child's large bag.

ILL CHILDREN

- If a child becomes ill at school, the child will be moved to a separate space with a staff member.
- The child's family will be called. The child **MUST** be picked up within 30 minutes. The child's sibling(s) will also be sent home.
- The area(s) the child has been in will be thoroughly cleaned and disinfected.
- Families will inform Gan Shelanu/Camp Mishpacha of any diagnosed illness in the household.
- Child with "diagnosed" illness (strep throat, ear infection, etc.) and sibling(s) may return to Gan Shelanu/Camp Mishpacha 24 hours after being sent home and after the child's health care source provides written documentation to Gan Shelanu/Camp Mishpacha stating the reason the child was ill. Child must be fever free for 24 hours without any fever reducing medication.

AFTERNOON PICKUP

- Student pick up is at 12:45 -1:00 p.m. an 4:45– 5:00 p.m daily. If families will be picking up their child outside of these times, they must alert the Gan Office at 952-545-8694.
- Children will be picked up at either the Gan Shelanu Preschool or main synagogue entrance.
- Everyone in the vehicle aged 2 years and older will wear a mask.
- Families will remain in their vehicles until a staff approaches the car
- Families are responsible for placing their child in the child’s car seat.

CLEANING INFORMATION

Gan Shelanu/Camp Mishpacha implements a cleaning schedule/plan in accordance with CDC guidelines, which is followed by all teachers and staff. The plan includes the following tasks to ensure Gan Shelanu/Camp Mishpacha is adhering to the methods and practices necessary to reduce the risk and spread of COVID-19.

DURING THE SCHOOL DAY:

- All children and staff will wash their hands upon entering and exiting the classroom.
- Gan Shelanu/Camp Mishpacha will continue to implement the use of no touch trash cans in classrooms and other areas of the school to reduce transmission.
- Children’s books and other paper-based materials, are not considered high risk for transmission and do not require additional cleaning or disinfection procedures, however, teachers will wipe down the books at the end of the day to ensure maximum efforts are being adhered to.
- All frequently touched surfaces (doorknobs, light switches, faucets, phones, table surfaces, countertops, etc.) will be sanitized frequently throughout the day.

OVERNIGHT CLEANING:

- Once staff and students have left the building for the day, Adath’s facilities staff will utilize CDC guidelines to deep clean the building.
- All regularly touched surfaces such as doorknobs/handles, table surfaces and countertops, etc. will be cleansed and disinfected using EPA approved cleansers.
- All trash will be properly removed and disposed of and trash receptacles will be cleaned and sanitized as well as the area they are kept in.

TRAVEL

These are the travel protocols Gan Shelanu/Camp Mishpacha will follow for families traveling outside of Minnesota within the United States.

- Please continue to inform Gan Shelanu Office of the dates your child will be traveling and the date your child will return to Minnesota one week before departure.
- Once you return to Minnesota, have your child tested 3 - 5 days after your return.
- If your child tests negative, stay home and self-quarantine for 7 full days following your return date; watch for any COVID-19 symptoms and take precautions to protect others. Please provide Gan Shelanu with your child's test results.
- If your child tests positive or develops COVID-19 symptoms, quarantine for 14 full days. Please provide Gan Shelanu with your child's test results.
- If you travel and choose not to have your child tested, your child must stay home for 10 full days and self-quarantine.

COVID-19 GUIDELINES AND PROCEDURES

- All Gan Shelanu/Camp Mishpacha staff as well as members of Aduv Jeshurun Congregation staff will receive training on Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan.
- All Aduv Jeshurun staff (including Gan Shelanu teachers) are required to show proof of vaccination in order to work in the building
- Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan will be posted throughout Gan Shelanu in readily accessible locations and will be shared and reviewed by all staff.
- All necessary or required rules and practices will be communicated to staff and all provisions will be adequately enforced.
- All staff will receive the necessary protective equipment as necessary to perform their work.
- All staff will ensure that they comply with and follow established rules and practices.
- All families enrolling their child(ren) in Gan Shelanu Preschool/Camp Mishpacha will receive a copy of Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan prior to the school's reopening.
- Staff with concerns about Gan Shelanu/Camp Mishpacha's COVID-19 Preparedness Plan or questions about their rights should contact MNOSHA Compliance at osha.compliance@state.mn.us, 651-284-5050.

IF A CHILD RECEIVES A LABORATORY TEST FOR COVID-19

- A child who receives a test for COVID-19, should remain at home until the child's family is informed of the results.
 - **Positive Test Result:
 - Child must stay home at least 14 days since symptoms first appeared AND be fever-free for at least 3 days without using fever-reducing medication AND improvement of other symptoms.
 - Siblings of child also must stay home for a minimum of 14 days
 - Sibling(s) of child must also stay home for a minimum of 14 days
 - Negative Test Result:
 - Child may return 24 hours after resolution of symptoms.
 - Documentation of negative test result must be provided
 - Negative Test Result but Symptoms with no Diagnosis or Explanation:
 - Child must stay home at least 14 days since symptoms first appeared AND be fever-free for at least 3 days without using fever-reducing medication AND improvement of other symptoms
 - Sibling(s) of child must also stay home for a minimum of 14 days

IF A CHILD RECEIVES A COVID-19 DIAGNOSIS BY A HEALTH CARE SOURCE WITHOUT A LABORATORY TEST

- Child must stay home at least 14 days since symptoms first appeared AND be fever free for at least 3 days without using fever-reducing medication AND improvement of other symptoms
- Sibling(s) of child must also stay home for 14 days.

IF A CHILD RECEIVES A DIAGNOSIS BY A HEALTH CARE SOURCE THAT EXPLAINS COVID-19-LIKE SYMPTOMS THAT ARE CONNECTED TO ANOTHER CONDITION (E.G.--STREP THROAT, INFLUENZA, EAR INFECTION, ETC.)

- Child must stay home a minimum of 24 hours and until symptoms have improved. (See Gan Shelanu/Camp Mishpacha Policy Manual.) Sibling(s) must also remain at home.
- Sibling(s) of child do not need to stay home once documentation has been provided
- Families must provide written documentation from the child's health care source stating the reason for the child's symptoms
- If symptoms change or worsen, families should talk to child's health care provider to determine next steps

IF A CHILD IS EXPOSED TO A PERSON WHO TESTS POSITIVE FOR COVID-19

- Child must stay home and quarantine for 14 days since symptoms first appeared.

IF A CHILD DEVELOPS COVID-19 SYMPTOMS DURING THE 14 DAY QUARANTINE

- Families should consult their medical source as child may have presumptive case of COVID-19

Gan Shelanu Preschool/Camp Mishpacha staff members will also follow the above guidelines.