



CENTER FOR LEARNING & SPIRITUALITY

BAR/BAT TORAH

November 1, 2021-May 30, 2021



LON ROSENFELD

Monday Evenings

Do you want to enhance your experience at Shabbat services and enrich your Jewish life? Did you miss having a Bar/Bat Mitzvah?

Contribution: \$50

Register at adathjeshurun.org/adults

PART 1 (Prayer): 6:30-7:25 pm; PART 2 (Hebrew): 7:30-8:30 pm

PRAYER Mondays: Nov 1, 8, 15 & 22, Dec 6, 13 & 20, Jan 10, 17, 24 & 31, Feb 7, 14 & 28, Mar 7, 14, 21 & 28, Apr 4, 11, 18 & 25, May 2 & 9 No Class: Nov 29, Dec 27, Jan 3, Feb 21

HEBREW 1.0 Mondays: Above Dates plus May 16 & 23, June 6, 13 & 20 No Class: Nov 29, Dec 27, Jan 3, Feb 21, May 30

You know what a Bar or Bat Mitzvah is. Maybe you had one when you were twelve or thirteen. It may be that you understood very little of what you were doing, or why you were doing it. Maybe you didn't understand Hebrew enough to know the meaning of your Torah and Haftarah portions. Or maybe you did, but it's been a long time, and now you have kids approaching Bar or Bat Mitzvah age, and you'd like to participate in their preparation, as well as in their celebration. These are all reasons why Adath created this program.

Lon Rosenfield has been teaching "Yedidut" to Adath 5th graders for over twenty years. He calls the course "a discussion group on Shabbat prayer." More recently, Lon has been teaching Hebrew to adults in the community, as well as tutoring students at the University of Minnesota, and for the past four years has combined these two interests into Adath's Bar/Bat Torah program.

The program consists of two courses, "Finding Meaning in Shabbat Prayer," and Biblical Hebrew (either beginning, or advanced). The goal of the program is to become comfortable participating--with understanding--in services; and if interested, to be able to study the Hebrew Bible in the original. At the end of the year, on the second day of Shavuot, graduates will have the opportunity to help lead services, read from Torah, and/or deliver a d'var Torah.



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Others may wish to simply take one or more of the following courses without being part of the Bar/Bat Torah program.

“Finding Meaning in Shabbat Prayer” Mondays, 6:30-7:25PM, beginning November 1. Our curriculum is the liturgy of Shabbat, starting with lighting the Friday night candles and ending with Havdalah. We’ll discuss interpretation, significance, origins, and artistry of the prayers, as well as their “choreography.” As Hebrew skills improve, we can add time to practice saying the prayers.

“Hebrew 1.0: Beginning Siddur/Biblical Hebrew” Mondays, 7:30-8:30, beginning November 1. We’ll use *The First Hebrew Primer* (third edition, Simon, Resnikoff, Motzkin). Prerequisite: Familiarity with the Hebrew alphabet and vowels is really helpful; those who lack this may still take this course but will need to spend extra time getting up to speed. They should contact Lon as soon as possible to plan out a strategy for this.

“Hebrew 2.0: Reading the Hebrew Bible.” Every other Tuesday, 7:00-8:30, beginning October 19. This course is open to those who have completed at least one year of Biblical Hebrew or the equivalent. Participants translate approximately 25 verses for each session. We’ll talk about any interesting grammar or stylistic issues, as well as discuss the texts. This year we will read samplings from the Hebrew Bible’s many genres and styles, and use the appropriate chapter from Marc Brettler’s *How to Read the Bible for a Deeper Understanding of the Text’s Background*. While any Hebrew edition of the Tanach may be used, I recommend *Biblia Hebraica Stuttgartensia: A Reader’s Edition*, Vance, Sathas, Avrahami, Hendrickson, 2014.

For questions, or if any class is cost-prohibitive, contact Anna Simon, Director of Congregational Life at annas@adath.net or 952.215.3904.