CLARION



12 Elul 5780 • Vol 136 • Issue 8

High Holy Days 2020/5781

The Voice of Adath Jeshurun Congregation



HIGH HOLY DAYS 2020/5781

The Days of Awe

#ONEADATH



Selichot

Saturday, September 12

Rosh Hashanah Day One

Saturday, September 19

Rosh Hashanah Day Two

Sunday, September 20

Kol Nidre

Sunday, September 27

Yom Kippur

Monday, September 28

Sukkot, Sh'mini

Atzeret, Simchat Torah

October 2-11

WORD FROM OUR PRESIDENT



Dear Adath Community,

Shanah tovah! While our doors remain closed, our hearts remain open to our sacred community, our kehilah, One Adath. During these challenging and unprecedented times, our congregation continues to provide tradition and much innovation. We offer spiritual and educational experiences for all ages.

In this special edition of the Clarion, you will find a wide array of innovative virtual experiences and even a couple of "drive-in" events for the upcoming High Holy Days. In

our efforts to welcome all who want to participate, we will be offering online access to all who wish to participate in High Holy Day services and special programming. Our online worship will continue at least through Simchat Torah. While some opportunities may be geared to a specific audience, none are exclusive and all are welcome. We invite you to explore various offerings that meet the spiritual and educational interests of you and your families. If you need technical support in accessing Adath's programs, please read through this Clarion and reach out to us at technicalsupport@adath.net or call 952.545.2424.

Although we are sad we will not be able to gather in person, Adath Jeshurun Congregation renews our enduring commitment to enrich lives today and we look forward to the day that we can re-open our physical doors and greet each other with open arms in the future. We are Many People, One Community, One Adath.

Wishing you and your family many moments of happiness, good health and peace in 5781.

Julie Ziessman, Adath President

Important Message About this Clarion

We hope this special issue of the Clarion finds you healthy and looking forward to the High Holy Days. In response to the need for our programming to remain fluid and flexible to a rapidly changing landscape, we decided, in April, to pause our production of the Clarion.

To compensate, we increased our online communications including sending a daily e-newsletter. The Daily Chadashot lists the links to each day's programming. To subscribe to our daily or weekly e-newsletters visit adathjesurun.org/adathresponse

This is not a full Clarion, but rather a guide to the High Holy Days. We hope to return to publishing our traditional monthly Clarion in the near future. If you are having a difficult time accessing our information or participating online, please let us know by leaving us a message at 952.545.2424 or office@adath.net.

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Shana Tovah "Drive-Through"

Sunday, September 13 • 2-3:30 pm at Adath

This is an opportunity to wave to some of our clergy and staff and pick up a grocery bag to fill for our food drive for STEP. We ask that you please remain in your vehicle and all passengers wear a mask. Mahzorim are available online starting at \$5.99 (see page 5). If you wish to borrow a Mahzor, you can do so at the drive through. Instructions on how to return the Mahzor to Adath will be placed inside of the book.

WORSHIPPING TOGETHER, APART

This may be the most unusual and memorable congregational experience of our lifetimes. Despite the undeniable disappointment of not spending the holiest days of the year together in our sacred physical space, we navigate this time with the steady, creative, and thoughtful leadership from our clergy and team. Our congregation is finding new ways to embrace one another with wishes for a Sweet New Year, a "Shana Tovah". The pandemic has shown us that our Adath community is stronger than ever. We are more creative, more flexible and more compassionate as we face the challenge of worshipping together, apart.



Throughout the past five months we have felt immense gratitude to our congregants in their flexibility and understanding and willingness to learn new technologies, gratitude for our staff for adapting to new methods of programming and technology, gratitude to our board (both Executive and Foundation) and our COVID-19 Advisory Committee for their leadership and guidance in this unprecedented time, gratitude for our volunteers for helping us ensure our programs are still happening.

Nothing can replicate being together in person, but we're determined to create a new kind of shared experience. One that will lift our hopes, our prayers and our bonds to one another. We adapt now as our tradition has always adapted, facing wilderness in Torah to wilderness in exile with resilience. As we prepare to gather virtually, we pray that this new year finds us and the world in good health and peace.





From Elaine Savick, Adath Congregational Nurse Wishing everyone a happy and healthy new year. Feel free to contact me by leaving a confidential message: 952.215.3936 or nurse@adath.net

As our world slowly reopens after the challenging spring and summer we have experienced, I wanted to touch on some important wellness hints.

This pandemic will be with us for an indeterminate time to come, and everyone needs to:

- Limit exposure to others as much as possible.
- Wear a mask when near others you don't live with.
- Continue vigorous and frequent hand washing. Use alcohol-based hand sanitizer if unable to access soap and water.
- Maintain social distancing of at least 6 feet when you are with others than your immediate household.
- Keep yourself healthy by eating a well balanced diet and getting adequate exercise.
- Stay informed about this changing situation by following Governor Walz's updates.
- Plan to get a flu shot this fall. Adath will not be sponsoring a flu shot clinic this year, but the vaccine will be readily available through your pharmacy, medical provider, or the MN visiting Nurse Association (MVNA). When clinics are scheduled by the MVNA, you will be informed through an Adath publication. The flu shot will not protect you from the COVID-19 virus, but will help protect you from the seasonal flu which is expected this fall and winter.

VIRTUAL HIGH HOLY DAYS

What to expect

With the health of our congregants foremost in mind, the Adath Jeshurun board has made the difficult but prudent decision to hold this year's High Holy Day services online.

Since our building closed on March 16, our congregation's strength continues to be evident every hour of every day. We have succeeded in gathering online for life cycle events, learning and worship. With your partnership we are ready to create a new High Holy Day experience, one that will lift us up in these challenging times.

On the opposite page you will see tips and resources on how to prepare to participate fully in services and programming. The space that COVID-19 has forced between us may give us a unique opportunity to focus inward with less outside pressures and distractions as we seek teshuvah (repentance), offer up tefilah (prayer), and give tzedakah (charity).

No matter the shifting landscape of COVID-19, we remain true to our name: Adath Jeshurun, the Gathering of the Righteous, whether our physical doors are open or closed.











WHO'S WHO

Rabbi Harold J. Kravitz Senior Rabbi, MAX NEWMAN FAMILY CHAIR IN RABBINICS rabbikravitz@adath.net

Rabbi Aaron S. Weininger Rabbi, BERMAN FAMILY CHAIR IN JEWISH LEARNING rabbiweininger@adath.net

Hazzan Joanna Dulkin Cantor hazzandulkin@adath.net

Miranda Weisbuch Executive Director mirandaw@adath.net

Jim Sherman Rabbis' Associate jsherman@adath.net

Rabbi Barry Cytron Senior Scholar

EXECUTIVE BOARD

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Adath Jeshurun Foundation
President
Joe Rubenstein
foundation@adath.net

Contact us at office@adath.net

VIRTUAL HIGH HOLY DAYS

How to prepare

Create a sacred space

Find a space in your home that you can make your sanctuary. Somewhere you can sit comfortably and see your screen or hear your telephone. Choose the largest screen you have, for example, try connecting your computer to your TV. If you need to use a smartphone, find something to rest it on so that you can be hands free and ready to daven (pray). Or if you're using a landline, put it on speaker phone. Note which way is East and try to face that way during prayers like the Amidah.

Know the schedule

Our services and programming will be taking place largely from 9 am-6:30 pm on Rosh Hashanah and 9 am-8 pm on Yom Kippur. Keep this Clarion handy or open adathjeshurun.org/hhd on your device. If you have lost a link and don't know where to find us, you should always be able to tune in via our live stream on the home page of our website adathjeshurn.org. For the best experience, be on time. Our services will not be an exact translation of what we do in person, just as these times are so very extraordinary. There will be one service. It will be shorter with new components. It will continue to be available to watch at any time after the broadcast. You wouldn't want to miss our virtual Adath choir singing your favorite Sim Shalom! All services will also be available to access any time following Rosh Hashanah.

Gather your logistics

To connect you'll need one of the following devices: computer (connecting it to a large monitor such as your TV is recommended), tablet, smartphone, or telephone. **To participate** you'll need clothes (fancy or casual, remember if you're on Zoom you can be seen and you'll stand for *aleinu* - pants required!)

You'll need a Mahzor Lev Shalem prayer book to follow along. You can purchase one at a discount at bit.ly/mahzorlevshalem or a digital version for \$5.99 online at bit.ly/ digitalmahzor. You can also borrow one from Adath in our Shana Tovah Drive-Through see page 2. Prepare candles, wine and challah and don't forget the apples and honey for a sweet new year! Have little kids at home with you? Include toys and activities in your home sanctuary. You can download our children's High Holy Day activity packet from our website at adathjeshurun.org/hhd

Ready your soul

Remember that all of the physical preparations are only there to serve you spiritually. Take the time to check in with yourself this month of Elul and prepare your soul for the High Holy Days. We are already into our learning series with Rabbi Kravitz and Rabbi Cytron. You can still join if you haven't yet. See page 8.

RESOURCES

High Holy Day Portal adathjeshurun.org/hhd

How to use Zoom bit.ly/adathzoom

Adath Live Stream adathjeshurun.org

Adath Office office@adath.net 952.545.2424

Technical Support technical support @adath.net

If you would like us to say Mishaberach—a prayer for healing, for you or a loved one, please notify Darlene Davis darlened@adath.net

Assistance is available for homebound congregants in need, Contact Jim Sherman jsherman@adath.net



A built-in or external **camera** if you'd like to be seen in Zoom programming.

A built-in or external microphone if you'd like to participate verbally in our Zoom programming.



Internet.

No internet? Let us know at 952.545.2424 and we'll inform you on how to join by telephone.

A computer, tablet, smartphone, or telephone to watch and/or listen to services. For best viewing connect your computer to a TV.



Purchase or borrow a **Mahzor** prayer book or digital copy. *See above*.



Open **adathjeshurun.org/hhd** or the **Clarion** to view our High Holy Day schedule.

HIGH HOLY DAYS, 2020 | 5

THE DAYS OF AWE

All services will be live streamed on our website, and some may also be entered via Zoom from adathjeshurun.org/hhd. If you do not have access to internet, let us know at 952.545.2424

YOUTH & TEENS **KIDS & FAMILIES**







SELICHOT

Service times are approximate

The High Holy Day season begins with Selichot, a collection of psalms, poetry and prayer meant to inspire us to begin the process of T'shuvah- returning. Selichot re-introduces us to the High Holy Day melodies and themes, opening us up to the essential work of the Days of Awe.

Saturday, September 12 • 7:30-11pm Access from adathjeshurun.org/hhd

Our Conservative Movement comes together to learn, sing, and connect as a community. Over 60 rabbis and cantors will present, and a variety of Selichot services will be offered throughout the evening

EREV ROSH HASHANAH

We come together to encounter the quiet of the evening that introduces us to the first day of possibility. We gather the strength to engage in personal and communal renewal as we dedicate ourselves to bringing in the New Year in prayer and peace.

Friday, September 18 • 6pm

Mincha/Maariv

ROSH HASHANAH—FIRST DAY

Today is the birthday of the world. We have arrived. It is the day to hear the call of the shofar deep within us all, to be in radical amazement of the world that surrounds us. The synagogue buzzes as our family, friends and community are called together for a day of reflection and renewal. (No shofar on Shabbat).

Saturday, September 19 • 9 am

9 am: P'sukei D'Zimra & Shacharit 숙

10 am: Shana Tovah Congregational Schmooze

11:30 am: Torah Service 🛜 Torah Study 🗖

12:30 pm: Musaf & Sermon, Rabbi Kravitz 🖘

2:30 pm: Teen Talk

2:30 pm: Family Sing Along & Story Time

6 pm: Mincha/Maariv

All live-streamed services will be recorded and available on-demand at

adathjeshurun.org/hhd

ROSH HASHANAH—SECOND DAY

The reflection continues. We gather again to resume our search. The Akedah, the story of Abraham's near sacrifice of Isaac his son, challenges us to our core and defines the mood of this service. Through the liturgy, we seek acceptance of limits and seek truth.

Sunday, September 20 • 9 am

9 am or on-demand: P'sukei D'Zimra & Shacharit 🤝

■ 10 am/11 am: Shofar in the Park(ing Lot)! (2)

11:30 am: Torah Service 🕏

12:30 pm: Musaf & Sermon, Rabbi Weininger 🗢

Self-guided Tashlich (audio)

2 pm/3 pm/4 pm: Shofar in the Park(ing Lot)!

5:45 pm: Mincha/Maariv

KOL NIDRE

The sun sets, ushering in the holiest day of the year. At Kol Nidre we pray with each other, with all of our imperfections and longings for healing. The liturgy and legendary medley of songs speaks of our annulment of vows and invites us in to break new ground and create space for something new.

Sunday, September 27 • 7 pm

5:30 pm: Mincha

7 pm: Kol Nidre & Sermon, Rabbi Weininger 📦

YOM KIPPUR

This is the day we all pass before God - a God who is merciful, compassionate, abounding in love, and forgiving. We ask to be granted release. We seek to be made whole, to begin anew, to move forward with our lives with all of the potential and promise that lies within each one of us.

Monday, September 28 • 9 am

9 am: P'sukei D'Zimra & Shacharit 숙

10 am: Congregational Conversations

I Iam: Torah Service 🗢 Torah Study 🗖

12 pm: Musaf & Sermon, Rabbi Kravitz 🖘

1:30 pm: Yizkor 🛜

3 pm: Meditation 🗖 📕 3 pm: Teen Talk 🚭

■ 3 pm: Family Sing Along & Story Time 🗖

3:55 pm: Mincha, Torah & Haftarah

5:10 pm: Forum on Synagogue Security and Racism 🗢

6:12 pm: N'eila 🛜 7:22 pm: Ma'ariv

7:27 pm: Havdalah

7:32 pm: Final Shofar Blasts 🕏

WHAT'S HAPPENING

All services will be live streamed on our website, and some may also be entered via Zoom from adathjeshurun.org/hhd



SEPTEMBER Wednesday

Preparing our Souls for the High Holy Days 7-8 pm with Rabbi Kravitz See page 8.

SEPTEMBER Sunday

6

Hope in the Time of Pandemic 10:30 am-12 pm with Rabbi Barry Cytron See page 8.

SEPTEMBER Saturday **Selichot** 7:30-11 pm See page 6.

Sunday
13

Shana Tovah Drive -Through 2-3:30 pm See page 2.

Erev Rosh Hashanah

SEPTEMBER Friday

18 See page 6.

Saturday
19

Rosh Hashanah Day One 9 am See page 6.

Sunday
20

Rosh Hashanah Day Two 9 am See page 6.

Monday
21

Food Drive Drop Off 6:30-7:30 pm See page 9,

Sunday

Kol Nidre 7 pm, see page 6. Food Drive Drop Off 12-1:30 pm, see page 9.

Monday O

Yom Kippur 9 am See page 6. OCTOBER

2

Erev Sukkot

Details will become available on our website and in Chadashot.

OCTOBER Saturday Sukkot Festival

Details will become available on our website and in Chadashot.

OCTOBER Sunday

4

Sukkot Festival

Details will become available on our website and in Chadashot.

OCTOBER Friday

9

Sh'mini Atzeret

Details will become available on our website and in Chadashot.

OCTOBER Saturday

1()

Erev Simchat Torah

Details will become available on our website and in Chadashot.

OCTOBER Sunday Simchat Torah

Details will become available on our website and in Chadashot.

How to join weekday and Shabbat services by phone

Virtual Daily Minyan:
Dial 312.626.6799 then
follow the prompts to dial the
Meeting ID: 289 578 0575
You do not need to dial a
participant ID, just wait on the
line.

Shabbat Morning Services: Dial 312.626.6799 and enter Meeting ID: 937 3687 3987 & Passcode: 049363 (see above instructions.) All Shabbat services can be accessed from adathjeshurun.org/shabbat

SHABBAT KI TAVO

September 4-5

7:26 pm Candle lighting5:30 pm Mincha Service6 pm Shir L'Shabbat

10 am Shabbat Morning Service

SHABBAT NITZAVIM-VAYEILECH

September 11-12

7:13 pm Candle lighting5:30 pm Mincha Service6 pm Shir L'Shabbat

10 am Shabbat Morning Service

SHABBAT ROSH HASHANAH

September 18-19

7 pm Candle lighting See page 6 for service schedule

SHABBAT HA'AZINU

September 25-26

6:46 pm Candle lighting5:30 pm Mincha Service6 pm Shir L'Shabbat

10 am Shabbat Morning Service

SHABBAT SUKKOT

October 2-3

6:33 pm Candle lighting5:30 pm Mincha Service6 pm Shir L'Shabbat

10 am Shabbat Morning Service6 pm Sukkot Festival Service

SHABBAT SH'MINI ATZERET

October 9-10

6:20 pm Candle lighting5:30 pm Mincha Service6 pm Shir L'Shabbat

10 am Shabbat Morning ServiceTBD Erev Simchat Torah Service

VIRTUAL DAILY MINYAN

Mornings

7:20 am Monday-Friday **9:30 am** Sunday Mornings &

Legal Holidays

Evenings

5:45 pm Sunday-Thursday **5:30 pm** Fridays

Yahrzeits for Shabbat will be read at the Friday evening minyan at 5:30 pm.

CENTER FOR LEARNING & SPIRITUALIT

Lifelong learning is good for the body, mind and soul. Are you ready to learn something new, make meaningful connections and have fun? Join us in our Center for Learning and Spirituality to connect, engage, learn, study, grow, celebrate, explore and experience - all while strengthening our kehillah (community). Encompassing learning, prayer and other innovative experiences, our Center represents multiple spiritual dimensions of Jewish living and tradition. Visit adathjeshurun.org/adults



Recordings of previous sessions of these series are available on our website at adathjeshurun.org/hhd



Sunday, September 6 • 10:30 am-12 pm **Practicing Hope...** Today, Tomorrow and for Tomorrow's **Tomorrow**

Rabbi Barry Cytron

As Adath's Senior Scholar, Rabbi Cytron has divided his career between serving as a congregational rabbi and college professor. He was ordained by the lewish Theological Seminary in 1970.

Dr. Martha Ellen Stortz

Born in Baltimore, Marty Stortz attended Carleton College and the University of Chicago Divinity School. After thirty years in Berkeley, California at the Graduate Theological Union, she found her way back to Minnesota to assume the Christensen Chair in Religion and Vocation at Augsburg University. She retired from that position in May 2020 and looks forward to new adventures. She and Rabbi Cytron are on the Collegeville Institute's Advisory Council for Multi-Religious Fellows, and they led the first cohort in 2018-2019.

Pre-register to attend by Zoom at https://bit.ly/cytronstortz or dial in by phone without registration by calling 312.626.6799 Meeting ID: 979 4410 0104



Wednesday, September 2 • 7-8 pm Tzedakah: Acts of Justice Rabbi Harold Kravitz

Wednesday, September 9 • 7-8 pm **Averting "the Severe Decree"** Rabbi Joshua Boettiger Temple Emek Shalom Ashland, Portland OR

Wednesday, September 16 • 7-8 pm **New Beginnings** Rabbi Ira Stone

Center for Contemporary Mussar

Pre-register to attend by Zoom at www.contemporarymussar.org or dial in by phone without registration by calling 312.626.6799

Follow the prompts to dial the Meeting ID: 821 2367 0248 and Passcode: 652203 You do not need to dial a participant ID, just wait on the line.

What does it mean to "pre-register"?

After you complete the online registration, you will be sent an email reply with instructions and access to join. Save this email to use at the start date and time of the event.

Celebrate your Adath community by participating in the L'Chaim Annual Giving Campaign.



#OneAdath

L'Chaim is an especially urgent call this year, to proclaim "to life" and lift up our congregational family. Through your generosity, our essence as One Adath will continue to shine and lead us into 5781, we pray in good health, strength, and peace.

Please consider making a pledge to this year's annual L'Chaim campaign. Every gift counts. No matter the size, your L'Chaim gift honors and lifts up our Adath community.

Donate at adathjeshurun.org/lchaim

The Adath Foundation is our promise for a Jewish future.

Adath's Legacy Society honors those whose gifts ensure the continuation of Jewish wisdom to help future generations navigate and improve our ever-changing world.



Legacy Society members make permanent gifts at the Adath Jeshurun Foundation and/ or include Adath in their estate plans.

To join our Legacy Society contact Miranda Weisbuch, Executive Director at mirandaw@adath.net or 952.5454.2424.







High Holy Day Food Drive



The donations truck will be parked in the Adath parking lot. Volunteers will take your donations at the following times or by appointment.

Drop off times:

Monday, September 21 6:30-7:30 pm

Wednesday, September 23 6:30-7 pm

Sunday, September 27 12-1:30 pm.

REMEMBERING

Memorial Book

The annual Yizkor Memorial Book, will be online this year and posted prior to Yom Kippur services. This is an opportunity to remember loved ones through acts of tzedakah.

There is an \$18 minimum donation per line. Donations above this amount are appreciated. If cost is a hardship, contact Andrea Blumberg at 952.545.2424.

If you participated last year in the Yizkor Memorial Book we will be reaching out to you via email to confirm the names you wish to include with a link to our website that includes an online form to complete (payment must accompany your request via credit card).

If you did not participate in the memorial book last year please feel free to complete this online form: https://bit.ly/yizkormemorialbook

The link can also be found at adathjeshurun.org/hhd

Kever Avot

Kever Avot is an opportunity to honor our ancestors and loved ones by visiting the cemetery during the High Holy Days. The traditional prayers and psalms of the Kever Avot service were pre-recorded by the Adath clergy. Along with a printable program, the recordings are available on the Adath website at adathjeshurun.org/hhd and can be used all year round for your personal use at the cemetery or at home. Please remember the cemetery should not be visited on Rosh Hashanah, Shabbat and Yom Tov.

Adath Chesed shel Emet Cemetery

3800 Winnetka Avenue North Crystal, MN

Adath Yeshurun Cemetery

5655 France Avenue South Edina, MN

Bnai Emet Cemetery

72nd & Penn Avenue South Richfield, MN





Shofar in the Park(ing Lot)!

Drive in to hear the blasts of the Shofar on the second day of Rosh Hashanah. Drive into our socially distanced parking spots to hear the blasts through your windows or your car's FM radio. We ask that everyone remain in their vehicle. Spots are limited. Please register online at adathjeshurun.org/hhd by Sunday, September 13 for a ticket which you will need to show as you drive in.

Shofar blowing times on Rosh Hashanah Day 2 -Sunday, September 20:

10 am, 11 am (priority given to families) 2 pm, 3 pm, 4 pm

Hachnasat Orchim, Welcoming Guests Share Your High Holy Day Virtual Table

Adath embraces welcoming as an important Jewish value and a responsibility. Are you hosting a virtual Zoom High Holy Day dinner to connect with family or friends? Are you willing to invite a few others or would you like to be invited to dinner? To (virtually) host or request to join a family in our congregation virtually, please contact Anna Simon at annas@adath.net or 952.215.3904.

Order your Lulav & Etrog from Adath! Orders due by Thursday, September 10

\$54 per set: each set consists of an Israeli Etrog, Lulav (palm branch), with its palm holder, Hadassim (myrtle branches), and Arovoth (willow branches). Please complete the online form at https://bit.ly/adathlulav (payment must accompany your request via credit card).



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DATED MATERIAL

printed on recycled paper



Many people. Many moments. One community.

#OneAdath

Donate at adathjeshurun.org/lchaim

The mission of Adath Jeshurun Congregation, a member of the Conservative Movement, is to be a progressive, egalitarian and sacred community dedicated to *Torah* (learning and tradition), *Avodah* (prayer and spirituality) and *Gemilut Hasadim* (acts of loving kindness).