



HIGH HOLY DAYS

A GUIDE TO THE DAYS OF AWE

2017
5778

COMMUNITY SELICHOT SERVICE
Saturday, September 16

ROSH HASHANAH FIRST DAY
Thursday, September 21

ROSH HASHANAH SECOND DAY
Friday, September 22

KOL NIDRE Friday, September 29

YOM KIPPUR Saturday, September 30

ADATH
JESHURUN
CONGREGATION



עדת ישורון

FROM THE PRESIDENT



Dear Adath Family,

This New Year we open our doors to new experiences. We welcome Hazzan Joanna Dulkan to lead us in innovative musical and spiritual prayer, and we welcome everyone to our synagogue with High Holy Days Passes.

Easy to use Passes enhance our ability to maintain a welcoming environment while ensuring security. This lets us focus on prayer, community and the true meaning of The Days of Awe.

While some services and programs are geared to a specific audience, nothing is exclusive, and all are welcome. Create the space you need! Sit down with your loved ones and use this High Holy Day Guide as your foundation to enter the High Holy Days as the true spiritual start of the New Year.

As we approach this reflective time of year, we at Adath renew our enduring commitment to enriching lives today and in the future.

L'Shanah Tovah Tikatevu,

A handwritten signature in black ink that reads "Debbie Spencer". The signature is written in a cursive, flowing style.

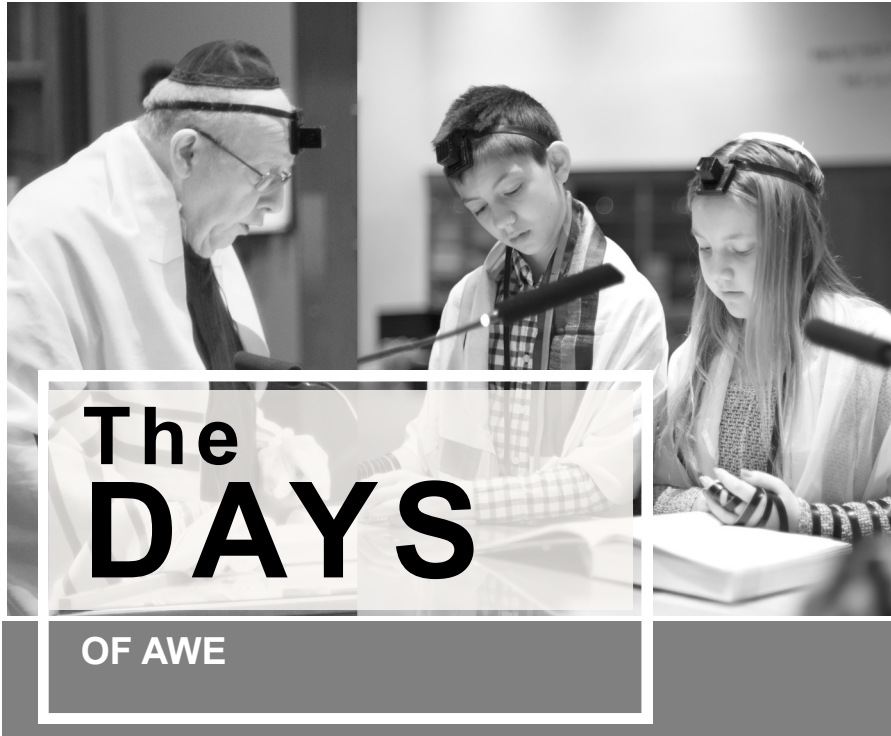
Debbie Spencer, Adath President

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High Holy Days Fast Facts

- New this year: High Holy Day Passes. Complete details on page 6.
- Complete and return all forms by **FRIDAY, SEPTEMBER 8**
- Write one check, made payable to Adath, to cover all High Holy Days requests (donations, Memorial Book, lulav, etc.) and remember to include it with the order forms
- Call Bernie Goldblatt, Executive Director, 952.545.2424, to discuss any outstanding financial obligations. (The fiscal year ended May 31, 2017).
- ***Remember your High Holy Days Passes when you come to services***



Taking part in our daily Minyan is a wonderful way to prepare yourself for the reflective and contemplative mode of the High Holy Days.

Picture credit: Lee Prohofsky

SELICHOT

Selichot is a beautiful series of prayers of penance. As we gather together, and we are introduced to the High Holy Days melodies to come, this tradition invites us to open ourselves up to the essential work of the Days of Awe.

EREV ROSH HASHANAH

We come together to encounter the quiet of the evening that introduces us to the first day of possibility. We gather the strength to engage in personal and communal renewal as we dedicate ourselves to bringing in the New Year in prayer and peace.

ROSH HASHANAH

FIRST DAY

Today is the birthday of the world. We have arrived. It is the day to hear the call of the shofar deep within us all, to be in radical amazement of the world that surrounds us. The synagogue buzzes as our family, friends and community are called together for a day of reflection and renewal.

ROSH HASHANAH

SECOND DAY

The reflection continues. We gather again to resume our search. The *Akedah*, the story of Abraham's near-sacrifice of Isaac, challenges us to our core and defines the mood of this service. Through the liturgy, we seek acceptance of our limits and the finding of our truth.

KOL NIDRE

The sun sets, ushering in the holiest day of the year. At Kol Nidre we pray with each other, with all of our imperfections and longings for healing. The liturgy and legendary medley of songs speaks of our annulment of vows and invites us in to break new ground and create space for something new.

YOM KIPPUR

This is the day we all pass before God – a God who is merciful, compassionate, abounding in love, and forgiving. We ask to be granted release. We seek to be made whole, to begin anew, to move forward with our lives with all of the potential and promise that lies within each one of us.

ALEPH & BET & GIMEL

The Aleph & Bet Adult Services offer the same prayer experience, simply choose the time that works best. The Gimel Service is designed for all families. All kids and adults are welcome in any service throughout the holiday. Everyone enriches our prayer.

"I light the candles, close my eyes, shield my face with my hands and retreat into solitude to find my way to You."

-Malka Aliza Bat Leiba

New this Year Adath High Holy Days PASSES

For many, the High Holy Days are a time to forge a special connection to Adath as we fill our Sanctuary with our community, our voices and our prayers. In the past we have put a priority on the mechanics of how we welcome you through Adath's doors.

This year Adath wants to ensure everyone feels welcome, safe in our building and connected to one another so we are introducing the Adath High Holy Days Pass instead of "tickets". Passes still allow us to know the names of all your guests - a responsible safety measure - and to follow-up with each new person who walks into the building. But there will be no charge for guest Passes.

Use the enclosed form to order a Pass for each family member over thirteen and for family, friends and guests.

Sustaining the congregation we all love, along with our synagogue's financial health, remains a priority. So in the spirit of giving that is at the heart of the season, please consider making a donation in honor of your guests and older children. Passes will also give everyone the opportunity to make a pledge to our annual L'Chaim Campaign.

We hope our new High Holy Days Pass signals to all that they are welcome at Adath for any service at any time. We look forward to wishing you *Shana Tova*, a happy, healthy year, as we celebrate together in the warmth of community.

If You'll Be Out of Town

If you plan to attend services at a congregation that asks for reciprocity, Adath can send a request for any member in good standing.

Please contact Chris Yarger in the office at 952.545.2424.

SERVICE LIVE STREAMING

If you can't join us at services during the High Holy Days, you can still be part of our community by watching online.

Go to our website, **adathjeshurun.org** and click on the box, "Service Live Streaming" at the bottom of the page.

SCHEDULE OF SERVICES

Community Selichot Service

Temple of Aaron

616 Mississippi River Blvd. S., St. Paul, MN

7:00 PM Program and service

See page 11 for details.

SELICHOT

Saturday, Sept

16

Blessing of the Children

5:00-5:45 PM

Sanctuary

Adult Evening Service

6:00-7:00 PM

Chapel

EREV ROSH HASHANAH

Wednesday, Sept

20

Aleph Service

7:00 AM Shacharit

Sanctuary

7:45 AM Torah Service

8:30 AM Musaf and Sermon

Bet Service

9:15 AM Shacharit and Torah Service *Chapel*

12 PM Musaf and Sermon *Sanctuary*

ROSH HASHANAH

First Day

Thursday, Sept

21

Gimel Song Session

9:00-9:45 AM Birth-PreK Families

Social Hall

Break Time 9:45-10:00 AM

Gimel Prayer Service

10:00-11:00 AM K-grade 3 Families

Social Hall

Youth

8:30 AM-2:15 PM Happy Birthday World (2 yrs-PreK) *Large Muscle Room*

9:00-11:00 AM Shofar Blast Off (K-grade 3) *Library*

9:00-11:00 AM Youth Community Rotations (4th-8th) *Classrooms*

9:00-11:30 AM Kidz Reading Korner (6 mos-8yrs) *Foyer*

9:30-10:15 AM Teen Discussions (9th-12th) *Youth Lounge*

Tashlich Service

4:30-5:30 PM Family Dairy Picnic & Rabbi's Story *Gan Shelanu Yard*

5:30 PM Intergenerational Blessing *Windsor Lake*

Mincha and Ma'ariv Services

6:00 PM *Chapel*

SCHEDULE—CON'T

ROSH HASHANAH

Second Day
Friday, Sept

22

Please note: There are no Aleph, Bet or Gimel Services on the Second Day

Shacharit Service

9:00 AM Torah, Shofar, Musaf and Sermon **Sanctuary**

SPA (Soulful Prayer at Adath)

9:00 AM Mindful, musical, participatory Shacharit service
Social Hall

Youth

9:00 AM-1:00 PM Happy Birthday World (2 yrs-PreK) **Large Muscle Room**
9:30-10:00 AM Little Shofars Family Service **Library**
(Families with babies through Grade 1)
11:00 AM-1:00 PM Jr. Congregation Special Edition (K-8)
11 AM-Noon in **Chapel**; Noon-1 PM in **SMP Classrooms**

KOL NIDRE

Friday, Sept

29

Aleph Service

6:00 PM **Sanctuary**

Bet Service

8:45 PM **Sanctuary**

Youth

6:00-8:00 PM Happy Birthday World (2 yrs-PreK) **Large Muscle Room**
6:30-7:30 PM Teen Discussion **Chapel**
9:15-10:15 PM Teen Discussion **Chapel**

*“The blasts of the shofar on Rosh Hashanah
revitalize the soul and the mind.”*

-Nahman of Bratzlav

SCHEDULE—CON'T

Aleph Service

8:00 AM Shacharit *Sanctuary*
9:15 AM Torah Service
10:00 AM Musaf, Sermon and Yizkor

Bet Service

10:30 AM Shacharit and Torah Service *Chapel*
1:15 PM Musaf, Sermon and Yizkor *Sanctuary*

Youth

8:30 AM-3:30 PM Happy Birthday World (2 yrs-PreK) *Large Muscle Room*
10:00 AM-12:30 PM Shofar Blast Off (K-3rd) *Library*
10:00 AM-12:30 PM Youth Community Rotations (4th-8th) *Classrooms*
10:00 AM-12:30 PM Kidz Reading Korner (6 mos-8 yrs) *Foyer*
10:45 -11:30 AM Teen Discussion (9th-12th) *Youth Lounge*

Gimel Song Session

10:00-10:45 AM Birth-PreK Families *Social Hall*

Break Time 10:45-11:00 AM

Gimel Service

11:00 AM-12:00 PM K-grade 3 Families *Social Hall*

Meditation

3:27-4:13 PM Led by Jon Parker and Susie Chalom *Chapel*

Mincha, Reading the Book of Jonah & High Holy Days Forum

4:15 PM *Sanctuary*

Neilah

6:05-7:15 PM *Sanctuary*

7th Grade Havdalah Gathering

6:45 PM *Chapel*

Ma'ariv & Havdalah

7:20-7:30 PM *Sanctuary*

Shofar

7:35 PM

Break the Fast Together Following Neilah

Social Hall

Generously sponsored by *Carolyn Abramson, Harold Engler, Ella Mogilevsky and Bobby and Bruce Nemer*. Everyone is welcome!

YOM
KIPPUR
Saturday, Sept
30

YOUTH

BLESSING OF THE CHILDREN

Everyone
5-5:45 PM • Erev Rosh Hashanah
Sanctuary
Bless and welcome newborns,
kindergartners and all young children
into our Jewish community.

LITTLE SHOFARS FAMILY SERVICE

Babies-4 years, with parents
9:30-10 AM • Rosh Hashanah Second Day
Library
Playful, musical and joyful.

HAPPY BIRTHDAY WORLD

2 years old-Pre-K
8:30 AM-2:15 PM • Rosh Hashanah
First Day
9:00 AM-1:00 PM • Rosh Hashanah
Second Day
6-8 PM • Kol Nidre
8:30 AM-3:30 PM • Yom Kippur
Gan Shelanu Preschool Large Muscle Room
Adult staff lead crafts, music and stories.
Free, but must register by September 12.
adath.nirsham.com/form/hbw

SHOFAR BLAST OFF

K-Grade 3
9-11 AM • Rosh Hashanah First Day
10 AM-12:30 PM • Yom Kippur
Library
Games, crafts, stories, treats & more! Pre-
K or younger may attend if accompanied
by an adult. Free, but must register by
September 12.
adath.nirsham.com/form/shofar-blast-off

JUNIOR CONGREGATION SPECIAL EDITION

K-Grade 8
11 AM-1 PM • Rosh Hashanah Second Day
Chapel/Classrooms
Join in! Interactive, fun, learning service.
Taught by Kara Rosenwald, Annette Rose,
and Sue Shrell Leon

KIDZ READING KORNER

6 months-8 years
9-11:30 AM • Rosh Hashanah First Day
10 AM-12:30 PM • Yom Kippur
Foyer
A space for kids and their adults to enjoy
stories and reading. From PJ Library.

YOUTH COMMUNITY ROTATIONS

Grade 4-8
9-11 AM • Rosh Hashanah First Day
10 AM-12:30 PM • Yom Kippur
Classrooms
Discover how and why the High Holy Days
are meaningful to you as we engage in
inspiring conversations. Interactive
discussions and games center around our
special prayers. Groups meet by grade.

7TH GRADE HAVDALAH GATHERING

6:45 PM • Yom Kippur
Chapel
Our next group of young adults gathers to
escort out the holy day. Meet in the
Chapel to practice then we'll move to the
Sanctuary to lead the service. A beloved
Adath tradition for all.

TEEN DISCUSSION

Grade 9-12
9:30-10:15 AM • Rosh Hashanah First Day
Youth Lounge
6:30-7:30 PM, 9:15-10:15 PM • Kol Nidre
Chapel
10:45-11:30 AM • Yom Kippur
Youth Lounge
A time to reflect on the decisions we have
made and to pursue new options and
choices as our New Year begins. We will
have an open conversation on how we
relate to various challenging topics.

*Teen discussion is scheduled to allow
teens to participate in the Sanctuary for
the first and last portions of Kol Nidre.*

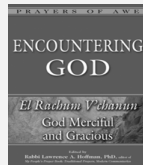
RABBI CYTRON'S ANNUAL STUDY

Encountering the **HIGH HOLY DAYS** Encountering **OUR BETTER SELVES**



**Shabbat mornings: September 9, 16 and 23.
9-10 AM**

Over the past six years we've studied the central themes and prayers of the *Machzor* in preparation for the arrival of the New Year. This year we turn to *El Rachum v'Chanun*, the prayer that frames the meaning and possibilities of these momentous Ten Days of Return and Renewal.



Join Rabbi Barry Cytron, Adath's Senior Scholar, as we examine the seventh volume of Rabbi Lawrence A. Hoffman's series, **Prayers of Awe: Encountering God, El Rachum V'chanun**, God Merciful and Gracious.

COMMUNITY SELICHOT

SHEMA KOLEINU: HEAR OUR PRAYER

Spiritually prepare yourself for the High Holy Days!

Come hear Cantor Barry Abelson, Cantorial Soloist David Baldinger, Hazzan Joanna Dulkan, Cantor Joshua Fineblum lead the congregation in a moving program and service to begin the holiday season.

Saturday, September 16 ■ 7 PM

Hosted at Temple of Aaron, 616 Mississippi River Blvd., St. Paul, MN

This year's Selichot is a joint program of Adath Jeshurun Congregation, Sharei Chesed, Temple Israel of Minneapolis, and Temple of Aaron in St. Paul.

TRADITIONS

MEMORIAL BOOK

The annual Yizkor Memorial Book, distributed at Yom Kippur Services, is a cherished keepsake to remember loved ones through acts of *tzedakah*.

There is an \$18 minimum donation per line. Donations above this amount appreciated. Contact Chris Yarger in the office if cost is a hardship.

Complete the enclosed green Yizkor Memorial Book Form with the names you wish to include. Payment must accompany your request.

SPECIAL PRAYER BOOK

Our High Holy Days *mahzor*, *Mahzor Lev Shalem* for Rosh Hashanah and *Yom Kippur*, will be in the pews throughout the High Holy Days for everyone to use during services.

Please leave the *Mahzor* in the pew for the next service.

BREAKING BREAD

Adath wants all congregants to enjoy a welcoming table of friends or family this High Holy Days season. If you can offer space at your family's table, or you would like to be invited for a High Holy Day meal, please complete the enclosed *Other Items Form* or contact Jennifer Gray at jenniferg@adath.net or 952.215.3904.

HOLIDAY PACKAGES FOR KIDS AGES 18-24

If you know kids who live away from home, treat them to holiday packages for Rosh Hashanah, Hanukkah and Purim. All three packages are just \$36.

Each package comes with holiday themed items like apples and honey, Hanukkah gelt or hamentashen, plus a note from our Rabbis. It's a fun way to help kids stay connected to Adath.

Enroll online at adath.nirsham.com/form/outreach2017

Orders due **September 10** to ensure delivery of the first holiday package.

Questions?

Sue Freeman, susandfreeman@gmail.com

Wendy Johnson, rajwbj@comcast.net



TWO BAGS FULL

1 in 8
Americans struggle with hunger
(That's 42.2 million people including
13.1 million children and 5.7 million
seniors.)

13.1 million
american children struggle with hunger

5.7 million
seniors are food insecure

This year Adath will once again donate our High Holy Days Food Collection to the St. Louis Park Emergency Program (STEP).

Our goal is for each Adath household to bring two grocery bags of food or make a \$36 donation to Adath's Hesed committee.

Bags can be brought to the trailer near the Social Hall entrance as you enter for Kol Nidre services.

To find out what items are needed and more about food insecurity, read the Adath blog at is.gd/hungerblog

PARKING

If our on-site lots are full, you may:

- Park on Lindbergh Drive (be careful to observe signs).
- Park in designated overflow lots.
- Ride the shuttle bus.

TEMPORARY EXIT

A temporary exit will be available on the east side of the parking lot between the Aleph and Bet services on Rosh Hashanah and Yom Kippur.

This exit is available by special permission of the Minnetonka City Council only on High Holy Days.

You cannot enter at this opening and no parking is allowed on the residential street between Windsor Lake Drive and the temporary exit. Cars exiting the Apath lot through the temporary exit will be directed to turn right on Windsor Lake Drive and then directed back to Lindbergh Drive.

Note: There is one hour between the end of the Aleph service and the beginning of the Bet Musaf service. We urge congregants not to arrive early for the Bet Musaf service so that Aleph congregants have time to clear the parking lots. **On Kol Nidre:** The break between the Aleph and Bet services is only 45 minutes.

DISABLED PARKING

If you have a Disability Parking Tag you are welcome to use any designated parking spot or the reserved disabled parking area by the West/Gan Shelanu Preschool entrance. If you use the West entrance, you can take the elevator up to the Sanctuary level.

Please leave disabled spaces for drivers who require them. If you are driving a person with a disability, you may drop that person off at the front entrance and park in a regular parking space.

NO PARKING AREAS

- Entire entry road from Hillside Lane to the building.
- Curbs on edges of parking lots.
- Curbs next to building.
- Drop-off areas at the main entrance and at the West/Gan Shelanu Preschool entrance. (These are the circular areas in front of the doors.)

These are FIRE LANES for emergency vehicles only

Minnetonka Police will also post temporary no parking signs on some narrow residential streets to allow fire truck access.

SHUTTLE BUS

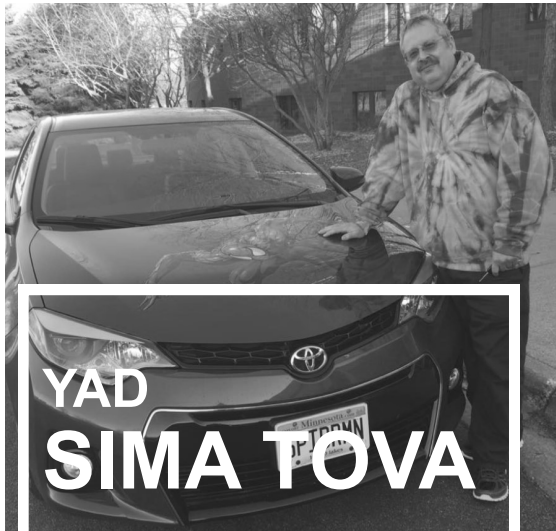
Consider the convenience of the shuttle bus. Shuttle service will be available from the east parking lot of **Westwood Lutheran Church, 9001 Cedar Lake Road** (three blocks east of Highway 169) to the Adath main entrance. Please enter the church parking lot on the east side.

Kol Nidre and Yom Kippur

Adath will provide shuttle service from the **Lindbergh Center** parking lot (off Lindbergh Drive next to Hopkins High School) to the Adath main entrance.

Shuttle Bus Schedule

Thursday, September 21—Rosh Hashanah 1st Day, Westwood	9 AM – 2:30 PM
Friday, September 22—Rosh Hashanah 2nd Day, Westwood	10 AM – 2:30 PM
Friday, September 29—Kol Nidre, Lindbergh Center	7 PM – 11:30 PM
Saturday, September 30—Yom Kippur, Lindbergh Center	9 AM – 4 PM
Wednesday, October 12—Yom Kippur, Westwood	9 AM – 4 PM



ADATH'S CARING COMMUNITY

Adath's Outreach Caring Community: *Yad Sima Tova* has volunteers available to provide transportation to Adath members who need a ride to High Holy Days services.

Please make arrangements at least five (5) days in advance by calling the Yad Sima Tova Transportation Hotline at 952.215.3937.



JOIN US IN THE SUKKAH

Wednesday, October 4	Gan Families decorate the Sukkah
Thursday, October 5	Sukkot Festival Services: 9:30 AM & 6 PM Makom hosts Sushi in the Sukkah
Friday, October 6	Sukkot Festival Service: 9:30 AM, Shabbat—6 PM Community Shabbat Dairy Potluck Dinner following services
Saturday, October 7	Festive Kiddush Lunch and reflective prayer at Minyan with light supper after
Sunday, October 8	Love Your Neighbor with our friends from the Northwest Islamic Community Center
Monday, October 9	55+ Retreat Dinner in the Sukkah. Register at adath.nirsham.com/form/55plus
Tuesday, October 10	USY Teens take over the Sukkah
Wednesday, October 11	Women's League hosts Happy Hour in the Hut featuring Mah Jongg and appetizers

SH'MINI ATZERET

The traditional holiday when we begin to pray for rain in Israel. Sh'mini Atzeret focuses us on the natural world. Begins Wednesday, October 11 at sundown through sunset October 12.

SIMCHAT TORAH

SIMCHAT TORAH: DANCE WITH THE TORAH SCROLLS

**Erev Simchat Torah,
Thursday, October 12
5 PM Dinner ■ 7 PM Service**

All congregation complimentary pasta dinner. Please register so we know how many breadsticks to bake! Register at: adath.nirsham.com/form/simchatorah

Something for everyone! This year, we will honor our teachers with Hakafot (dancing with the Torah scrolls.) Plus sweets and treats for our kids throughout the service.

Live music and dancing after.

Simchat Torah Morning Service Friday, October 13, 9:30 AM

We invite our whole Adata family to join in the celebration as we complete our yearly Torah reading and the excitement as we begin again.

As a special addition to our festival celebration we extend the honor of a group aliyah to everyone age 83 & better!

According to Psalm 90... "The days of our years ... (total) seventy years, and with strength eighty years." Starting with age 13 as a base for our adulthood, we celebrate by honoring our elder members. We thank them for setting an example of life and vitality for us all!

ACCESSIBILITY

Accessibility at Adath

The Adath Inclusion Committee strives to provide everyone with a positive, pleasant and spiritual High Holy Days experience by offering:

- Accessible permit parking (see page 14 for details)
- Wheelchairs and walkers
- Usher assistance upon request
- Large print prayer books
- Hearing assist devices
- Eye glass magnifying readers

If you have specific concerns or need special accommodations, contact the Adath office **now** so we can work with you. 952.545.2424

Special request: Please refrain from wearing perfumes or other scented products to services in consideration of people who have health issues related to fragrances.

“But T’shuvah (repentance) T’fillah (prayer) and Tz’dakah (charitable giving) have the power to transform the harshness of our destiny.

-High Holy Days Mahzor



SUNDAY, SEPTEMBER 24

You are invited to our traditional High Holy Day Memorial Services at our cemeteries. Services conducted by Adath clergy.

Please remember the cemetery should not be visited on Rosh Hashanah, Shabbat and Yom Tov.

ADATH CHESED SHEL EMES CEMETERY

10:30 AM

Congregational Cemetery of Adath Jeshurun Congregation
3800 Winnetka Avenue North
Crystal, MN

Cemetery Board members will be at the cemetery to greet and assist you from 9 AM – 1 PM on the following dates:
September 10, 17 and 24

ADATH YESHURUN CEMETERY

11:30 AM

5655 France Avenue South
Edina, MN

BNAI EMET CEMETERY

12:15 PM

72nd & Penn Avenue South
Richfield, MN

The Adath Foundation is our promise for a Jewish future.

This is your moment to honor our past and ensure our future. This is your moment to leave a Jewish legacy.

Please remember Adath with a gift in your will, trust, retirement account or life insurance policy.

Contact Evan Stern, Development Director at evans@adath.net or 952.215.3916.



L'Chaim is



Our Kids



Our Congregants



Our Community

Thanks to **YOU!**
When you get the call this year,
please give from your heart.

ADATH JESHURUN
L'CHAIM
Annual Giving Campaign



עדת ישורון

ADATH JESHURUN CONGREGATION

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