

13 Reasons to Call the Congregational Nurse

- If you would like a confidential listening ear.
- If you or someone you know would like to talk to a nurse about a health concern.
- If you are going in for surgery or a medical procedure and would like helpful information and/or emotional support.
- If you are being discharged from a health care facility or rehab and would like the nurse to sit in on your discharge conference and help you get what you need to follow up on the doctor's orders.
- If you are undergoing a life transition and are overwhelmed.
- If you are a caregiver and could use help finding resources for your loved one.
- If you feel isolated and alone.
- If you are contemplating a move to a care facility.
- If you are experiencing grief or loss and would like someone to talk to.
- If you would like someone to come to pray with you and offer you hope and spiritual support.
- If you need to be connected to community resources but are unsure of where to turn.
- If you need education on a health care subject.
- If you need an advocate for yourself or family member in the health care system.

**To leave a private, confidential message for the
Adath Jeshurun
Congregational Nurse**

952.215.3936

E-mail: nurse@adath.net